

K-5 Lunch

Iron County School District

January 2022 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 WINTER BREAK	4 WINTER BREAK	5 Orange Chicken Brown Rice Broccoli Florets Fresh Bananas Pudding variety 100% Juice Milk	6 Ham(Thick Cut) Chicken Nuggets Mashed Potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Fresh Apples 100% Juice Milk	7 Wild Mike's Pizza Sub Sandwich Mayonnaise Mustard Side salad Ranch Dressing Canned Pears Frosted Sugar Cookie 100% Juice Milk
10 Chicken Taquitos Italian Platter Marinara Sauce Cup French Fries Ketchup Cowboy Baked Bean Canned Pears 100% Juice Milk	11 Chili Dog Bean & Cheese Burrito Fiesta Beans and Rice Green beans Doritos Cool Ranch Strawberries,fresh 100% Juice Milk	12 Chicken & Waffles Mini Corn Dogs Ketchup Mustard Sunshine Carrots Fresh Apples Scooby-Doo Snacks 100% Juice Milk	13 Teriyaki Beef Blasters Mashed potatoes Gravy Variety Warm Soft Rolls Broccoli Florets Canned Peaches 100% Juice Milk	14 Wild Mike's Pizza Mozzarella Cheese Bite Marinara Sauce Cup Vegetable tray Ranch Dressing Fresh Oranges W/G Baked Cookies 100% Juice Milk
17 MARTIN LUTHER KING DAY	18 Spaghetti Pepperoni Calzones Breadstick Green beans Raisels Marshmellow Rice Treat 100% Juice Milk	19 Chicken Teriyaki Brown Rice Broccoli Florets Fresh Apples Whole Grain Donut 100% Juice Milk	20 Breaded Beef Sticks Mashed potatoes Country Gravy Warm Soft Rolls Sunshine Carrots Canned Peaches 100% Juice Milk	21 Wild Mike's Pizza Sub Sandwich Mayonnaise Mustard Side salad Ranch Dressing Canned Pears Frosted Sugar Cookie 100% Juice Milk
24 Pig in a blanket Tomato Soup & Grilled Cheese Ketchup Mustard Green beans Canned Pears Creamies ice cream 100% Juice Milk	25 Sidewalk Tacos Chili W/Cornbread Refried Beans Lettuce/Tomato Salsa Spanish Rice Applesauce Cups Marshmellow Rice Treat 100% Juice Milk	26 French Toast Sticks Mini Pancake Maple Burst'n Syrup, Maple Pork Sausage Patty French Fries Ketchup Corn Fresh Oranges 100% Juice Milk	27 Popcorn Chicken Mashed Potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Fresh Apples 100% Juice Milk	28 Wild Mike's Pizza Mozzarella Cheese Bite Marinara Sauce Cup Vegetable tray Ranch Dressing Canned Peaches W/G Baked Cookies 100% Juice Milk

Chicken Sandwich
Mini Corn Dogs
Ketchup
Mustard
Mayonnaise
Celery
Smile Potatoes
Applesauce Cups
100% Juice
Milk

This institution is an equal opportunity provider.
Menus are subject to change.