

# 9-12 Lunch

## Iron County School District

### January 2022 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
WINTER BREAK	WINTER BREAK	Orange Chicken Orange Chicken Salad Brown Rice Broccoli Florets Celery Fresh Bananas Pudding variety 100% Juice Milk	Ham(Thick Cut) Chicken Nuggets Mashed Potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Fresh Apples 100% Juice Milk	Wild Mike's Pizza Sub Sandwich Mayonnaise Mustard Side salad Ranch Dressing Canned Pears Frosted Sugar Cookie 100% Juice Milk
10	11	12	13	14
Chicken Taquitos Italian Platter Marinara Sauce Cup French Fries Ketchup Cowboy Baked Bean Canned Pears 100% Juice Milk	Chili Dog Bean & Cheese Burrito Fiesta Beans and Rice Carrots, Baby Ranch Dressing Green beans Doritos Cool Ranch Strawberries, fresh 100% Juice Milk	Chicken & Waffles Mini Corn Dogs Ketchup Mustard Sunshine Carrots Celery Fresh Apples Scooby-Doo Snacks 100% Juice Milk	Teriyaki Beef Blasters Mashed potatoes Gravy Variety Warm Soft Rolls Broccoli Florets Canned Peaches 100% Juice Milk	Wild Mike's Pizza Mozz/Jalapeno Cheese Bite 9-12 Marinara Sauce Cup Vegetable tray Ranch Dressing Fresh Oranges W/G Baked Cookies 100% Juice Milk
17	18	19	20	21
MARTIN LUTHER KING DAY	Spaghetti Pepperoni Calzones Breadstick Green beans Celery Ranch Dressing Raisels Marshmellow Rice Treat 100% Juice Milk	Chicken Teriyaki Chicken Teriyaki Salad Ranch Dressing Brown Rice Broccoli Florets Fresh Baby Carrots Fresh Apples Whole Grain Donut 100% Juice Milk	Breaded Beef Fingers Mashed potatoes Country Gravy Warm Soft Rolls Sunshine Carrots Canned Peaches 100% Juice Milk	Wild Mike's Pizza Sub Sandwich Mayonnaise Mustard Side salad Ranch Dressing Canned Pears Frosted Sugar Cookie 100% Juice Milk
24	25	26	27	28
Pig in a blanket Tomato Soup & Grilled Cheese Ketchup Mustard Fresh Broccoli Ranch Dressing Green beans Canned Pears	Sidewalk Tacos Chili W/Cornbread Refried Beans Lettuce/Tomato Salsa Spanish Rice Green beans Applesauce Cups Marshmellow Rice Treat	French Toast Sticks Mini Pancake Maple Burst'n Syrup, Maple Pork Sausage Patty French Fries Ketchup Corn Fresh Oranges 100% Juice	Popcorn Chicken Mashed Potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Fresh Apples 100% Juice Milk	Wild Mike's Pizza Mozz/Jalapeno Cheese Bite 9-12 Marinara Sauce Cup Vegetable tray Ranch Dressing Canned Peaches W/G Baked Cookies 100% Juice

Creamies ice cream 100% Juice Milk	100% Juice Milk	Milk		Milk
31  Chicken Sandwich Mini Corn Dogs Ketchup Mustard Mayonnaise Celery Smile Potatoes Applesauce Cups Creamies ice cream 100% Juice Milk				

This institution is an equal opportunity provider.  
Menus are subject to change.