

K-5 Lunch

Iron County School District

October 2021 Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | | | 1 Wild Mike's Pizza Mozzarella Cheese Bite Marinara Sauce Cup Vegetable tray Ranch Dressing Canned Peaches W/G Baked Cookies 100% Juice Milk |
| 4 Chicken Sandwich Mini Corn Dogs Ketchup Mustard Mayonnaise Celery Smile Potatoes Applesauce Cups 100% Juice Milk | 5 Tex Mex Nacho Beef Taco Stick Cilantro Lime Rice Black Beans Canned Corn Salsa Fresh Oranges Jello 100% Juice Milk | 6 Orange Chicken Brown Rice Broccoli Florets Fresh Bananas Pudding variety 100% Juice Milk | 7 Ham(Thick Cut) Chicken Nuggets Mashed Potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Fresh Apples 100% Juice Milk | 8 Wild Mike's Pizza Sub Sandwich Mayonnaise Mustard Side salad Ranch Dressing Canned Peaches Frosted Sugar Cookie 100% Juice Milk |
| 11 Chicken Taquitos Italian Platter Marinara Sauce Cup French Fries Ketchup Cowboy Baked Bean Canned Pears 100% Juice Milk | 12 Chili Dog Bean & Cheese Burrito Fiesta Beans and Rice Green beans Doritos Cool Ranch Strawberries, fresh 100% Juice Milk | 13 Chicken & Waffles Mini Corn Dogs Ketchup Mustard Sunshine Carrots Fresh Apples Scooby-Doo Snacks 100% Juice Milk | 14 Teriyaki Beef Blasters Mashed potatoes Gravy Variety Warm Soft Rolls Broccoli Florets Canned Peaches 100% Juice Milk | 15 Wild Mike's Pizza Mozzarella Cheese Bite Marinara Sauce Cup Vegetable tray Ranch Dressing Fresh Oranges W/G Baked Cookies 100% Juice Milk |
| 18 Hamburger Corn Dog Ketchup Mustard Mayonnaise Lettuce/Tomato French Fries Baked Beans Applesauce 100% Juice Milk | 19 Spaghetti Pepperoni Calzones Breadstick Green beans Raisels Marshmallow Rice Treat 100% Juice Milk | 20 Chicken Teriyaki Brown Rice Broccoli Florets Fresh Apples Whole Grain Donut 100% Juice Milk | 21 Breaded Beef Sticks Mashed potatoes Country Gravy Warm Soft Rolls Sunshine Carrots Canned Peaches 100% Juice Milk | 22 FALL BREAK |
| 25 FALL BREAK | 26 Sidewalk Tacos Chili W/Cornbread Refried Beans Lettuce/Tomato Salsa Spanish Rice Applesauce Cups | 27 French Toast Sticks Mini Pancake Maple Burst'n Syrup, Maple Pork Sausage Patty Potato Stix Ketchup Corn | 28 Popcorn Chicken Mashed Potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Fresh Apples 100% Juice | 29 Wild Mike's Pizza Mozzarella Cheese Bite Marinara Sauce Cup Vegetable tray Ranch Dressing Canned Peaches W/G Baked Cookies |

| | Marshmellow Rice Treat 100% Juice Milk | Fresh Oranges 100% Juice Milk | Milk | 100% Juice Milk |
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This institution is an equal opportunity provider.
Menus are subject to change.