

K-5 Lunch

Iron County School District

September 2021 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 French Toast Sticks Mini Pancake Maple Burst'n Syrup, Maple Pork Sausage Patty Potato Stix Ketchup Corn Fresh Oranges 100% Juice Milk	2 Popcorn Chicken Mashed Potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Fresh Apples 100% Juice Milk	3 Sidewalk Tacos Chili W/Cornbread Refried Beans Lettuce/Tomato Salsa Spanish Rice Broccoli Florets Applesauce Cups Marshmellow Rice Treat 100% Juice Milk
6 LABOR DAY	7 Wild Mike's Pizza Sub Sandwich Mayonnaise Mustard Side salad Ranch Dressing Mandarin Oranges Frosted Sugar Cookie 100% Juice Milk	8 Orange Chicken Brown Rice Broccoli Florets Fresh Bananas Pudding variety 100% Juice Milk	9 Ham(Thick Cut) Chicken Nuggets Mashed Potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Fresh Apples 100% Juice Milk	10 Tex Mex Nacho Beef Taco Stick Cilantro Lime Rice Black Beans Canned Salsa Fresh Oranges Jello 100% Juice Milk
13 Chicken Taquitos Italian Platter Marinara Sauce Cup French Fries Ketchup Cowboy Baked Bean Canned Pears 100% Juice Milk	14 Wild Mike's Pizza Mozzarella Cheese Bite Marinara Sauce Cup Vegetable tray Ranch Dressing Mandarin Oranges W/G Baked Cookies 100% Juice Milk	15 Chicken & Waffles Mini Corn Dogs Ketchup Mustard Sunshine Carrots Fresh Apples Scooby-Doo Snacks 100% Juice Milk	16 Teriyaki Beef Blasters Mashed potatoes Gravy Variety Warm Soft Rolls Broccoli Florets Canned Peaches 100% Juice Milk	17 Chili Dog Bean & Cheese Burrito Fiesta Beans and Rice Green beans Doritos Cool Ranch Strawberries,fresh 100% Juice Milk
20 Hamburger Corn Dog Ketchup Mustard Mayonnaise Lettuce/Tomato French Fries Baked Beans Applesauce 100% Juice Milk	21 Wild Mike's Pizza Sub Sandwich Mayonnaise Mustard Side salad Ranch Dressing Mandarin Oranges Frosted Sugar Cookie 100% Juice Milk	22 Chicken Teriyaki Brown Rice Broccoli Florets Fresh Apples Whole Grain Donut 100% Juice Milk	23 Breaded Beef Sticks Mashed potatoes Country Gravy Warm Soft Rolls Sunshine Carrots Canned Peaches 100% Juice Milk	24 Spaghetti Pepperoni Calzones Breadstick Green beans Raisels Marshmellow Rice Treat 100% Juice Milk
27 Pig in a blanket Tomato Soup & Grilled Cheese Ketchup Mustard	28 Wild Mike's Pizza Mozzarella Cheese Bite Marinara Sauce Cup Vegetable tray Ranch Dressing	29 French Toast Sticks Mini Pancake Maple Burst'n Syrup, Maple Pork Sausage Patty Potato Stix	30 Popcorn Chicken Mashed Potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots	

Green beans
Canned Pears
Creamies ice cream
100% Juice
Milk

Mandarin Oranges
W/G Baked Cookies
100% Juice
Milk

Ketchup
Corn
Fresh Oranges
100% Juice
Milk

Fresh Apples
100% Juice
Milk

This institution is an equal opportunity provider.
Menus are subject to change.