

K-8 Lunch

Iron County School District

September 2019 Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|--|
| 2 LABOR DAY | 3 Taco in a bag Refried Beans Lettuce/Tomato Salsa Fresh Oranges Jello 100% Juice Milk | 4 Meatballs Mashed potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Fresh Apples 100% Juice Milk | 5 Orange Chicken Brown Rice Broccoli Florets Fresh Bananas Pudding variety 100% Juice Milk | 6 Big Daddy Pizza Sub Sandwich Mayonnaise Mustard Vegetable tray Ranch Dressing Grapes,Fresh Frosted Sugar Cookie 100% Juice Milk |
| 9 Chicken Taquitos Mozzarella Sticks Ranch Dressing French Fries Ketchup Cowboy Baked Bean Canned Pears 100% Juice Milk | 10 French Toast Sticks Syrup, Maple Pork Sausage Patty Potato Stix Corn Ketchup Fresh Oranges 100% Juice Milk | 11 Breaded Beef Fingers Mashed potatoes Country Gravy Warm Soft Rolls Sunshine Carrots Canned Peaches 100% Juice Milk | 12 Chicken Teriyaki Brown Rice Broccoli Florets Fresh Apples Whole Grain Donut 100% Juice Milk | 13 Big Daddy Pizza BBQ Chicken Sandwich Side salad Ranch Dressing Grapes,Fresh W/G Baked Cookies 100% Juice Milk |
| 16 Pig in a blanket Ketchup Mustard Cowboy Baked Bean Green beans Canned Pears Creamies ice cream 100% Juice Milk | 17 Spaghetti Pepperoni Calzones Breadstick Broccoli Florets Raisels Fresh Oranges 100% Juice Milk | 18 Teriyaki Beef Blasters Mashed potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Canned Peaches 100% Juice Milk | 19 Chicken Nuggets Barbecue Sauce PC Cheese Stick Broccoli Florets Strawberries,fresh Scooby-Doo Snacks 100% Juice Milk | 20 Big Daddy Pizza Sub Sandwich Mayonnaise Mustard Vegetable tray Ranch Dressing Grapes,Fresh Frosted Sugar Cookie 100% Juice Milk |
| 23 Hamburger Chicken Sandwich Ketchup Mustard Mayonnaise Lettuce/Tomato French Fries Applesauce 100% Juice Milk | 24 Italian Dunkers Cowboy Baked Bean Broccoli Florets Fresh Oranges Raisels 100% Juice Milk | 25 Popcorn Chicken Mashed potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Fresh Apples 100% Juice Milk | 26 Enchilada Bean & Cheese Burrito Cornbread Mini Loaf Green beans Strawberries,fresh 100% Juice Milk | 27 Big Daddy Pizza BBQ Chicken Sandwich Side salad Ranch Dressing Grapes,Fresh W/G Baked Cookies 100% Juice Milk |
| 30 Mini Corn Dogs Corn Dog Ketchup Mustard Celery French Fries Fresh Apples 100% Juice Milk | | | | |