

9-12 Lunch

Iron County School District

September 2019 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 LABOR DAY	3 Taco in a bag Taco Salad Ranch Dressing Refried Beans Lettuce/Tomato Fresh Baby Carrots Salsa Fresh Oranges Jelo 100% Juice Milk	4 Popcorn Chicken Mashed potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Celery Fresh Apples 100% Juice Milk	5 Orange Chicken Orange Chicken Salad Brown Rice Broccoli Florets Fresh Baby Carrots Fresh Bananas Pudding variety 100% Juice Milk	6 Big Daddy Pizza Sub Sandwich Mayonnaise Mustard Vegetable tray Ranch Dressing Grapes,Fresh Frosted Sugar Cookie 100% Juice Milk
9 Chicken Taquitos Mozzarella Sticks Ranch Dressing French Fries Ketchup Cowboy Baked Bean Canned Pears 100% Juice Milk	10 French Toast Sticks Syrup, Maple Pork Sausage Patty Potato Stix Corn Ketchup Fresh Oranges 100% Juice Milk	11 Breaded Beef Fingers Mashed potatoes Country Gravy Warm Soft Rolls Sunshine Carrots Canned Peaches 100% Juice Milk	12 Chicken Teriyaki Chicken Teriyaki Salad Ranch Dressing Brown Rice Broccoli Florets Fresh Baby Carrots Fresh Apples Whole Grain Donut 100% Juice Milk	13 Big Daddy Pizza BBQ Chicken Sandwich Side salad Ranch Dressing Grapes,Fresh W/G Baked Cookies 100% Juice Milk
16 Pig in a blanket Popcorn Chicken Ketchup Mustard Green beans Cowboy Baked Bean Canned Pears Creamies ice cream 100% Juice Milk	17 Spaghetti Pepperoni Calzones Breadstick Broccoli Florets Celery Raisels Fresh Oranges 100% Juice Milk	18 Teriyaki Beef Blasters Mashed potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Canned Peaches 100% Juice Milk	19 Chicken Nuggets Barbecue Sauce PC Chicken Salad Ranch Dressing Cheese Stick Broccoli Florets Corn Strawberries,fresh Scooby-Doo Snacks 100% Juice Milk	20 Big Daddy Pizza Sub Sandwich Mayonnaise Mustard Vegetable tray Ranch Dressing Grapes,Fresh Frosted Sugar Cookie 100% Juice Milk
23 Hamburger Chicken Sandwich Ketchup Mustard Mayonnaise Lettuce/Tomato French Fries Corn Applesauce 100% Juice Milk	24 Italian Dunkers Garden Salad W/Cornbread Cowboy Baked Bean Broccoli Florets Celery Fresh Oranges Raisels 100% Juice Milk	25 Popcorn Chicken Mashed potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Fresh Apples 100% Juice Milk	26 Enchilada Bean & Cheese Burrito Cornbread Mini Loaf Green beans Fresh Baby Carrots Ranch Dressing Strawberries,fresh 100% Juice Milk	27 Big Daddy Pizza BBQ Chicken Sandwich Side salad Ranch Dressing Grapes,Fresh Applesauce W/G Baked Cookies 100% Juice Milk
30 Mini Corn Dogs Corn Dog Ketchup				

Mustard Celery French Fries Fresh Apples Creamies ice cream 100% Juice Milk				
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This institution is an equal opportunity provider.
Menus are subject to change.