

K-12 Breakfast

Iron County School District

September 2019 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 LABOR DAY	3 Breakfast Pizza Banana Bread Cheese Stick Applesauce 100% Juice Milk	4 French Toast Sticks Syrup, Maple Lemon Crunch Bar Potato Stix 100% Juice Milk	5 Cinnamon Roll W/Frosting Pork Sausage Patty Canned Peaches 100% Juice Milk	6 Muffin Blueberry Maple Chip Waffles Fresh Apples 100% Juice Milk
9 Oatmeal Round Lucky Charms Cereal GoGurt Fresh Oranges 100% Juice Milk	10 Breakfast Pizza Pumpkin Bread Slice Canned Pears 100% Juice Milk	11 Biscuit,Honey Whole Wheat Sausage Gravy Lemon Crunch Bar Canned Pears 100% Juice Milk	12 Cinnamon Roll W/Frosting Pork Sausage Patty Canned Peaches 100% Juice Milk	13 Breakfast Sliders Muffin Chocolate Chip Ketchup Fresh Apples 100% Juice Milk
16 Whole Grain Donut Cinnamon Toast Cereal GoGurt Fresh Oranges 100% Juice Milk	17 Breakfast Pizza Banana Bread Cheese Stick Applesauce 100% Juice Milk	18 French Toast Sticks Syrup, Maple Lemon Crunch Bar Potato Stix 100% Juice Milk	19 Cinnamon Roll W/Frosting Pork Sausage Patty Canned Peaches 100% Juice Milk	20 Muffin Blueberry Maple Chip Waffles Fresh Apples 100% Juice Milk
23 Oatmeal Round Lucky Charms Cereal GoGurt Fresh Oranges 100% Juice Milk	24 Breakfast Pizza Pumpkin Bread Slice Canned Pears 100% Juice Milk	25 Biscuit,Honey Whole Wheat Sausage Gravy Lemon Crunch Bar Canned Pears 100% Juice Milk	26 Cinnamon Roll W/Frosting Pork Sausage Patty Canned Peaches 100% Juice Milk	27 Breakfast Sliders Muffin Chocolate Chip Ketchup Fresh Apples 100% Juice Milk
30 Whole Grain Donut Cinnamon Toast Cereal GoGurt Fresh Oranges 100% Juice Milk				

This institution is an equal opportunity provider.
Menus are subject to change.