

# K-8 Lunch

## Iron County School Dist

### January 2019 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 WINTER BREAK	2 Breaded Beef Fingers Mashed potatoes Country Gravy Warm Soft Rolls Steamed Carrots Canned Peaches 100% Juice Milk Variety	3 Chicken Teriyaki Brown Rice Steamed broccoli Fresh Apples Whole Grain Donut 100% Juice Milk Variety	4 W/G Big Daddy Pizza BBQ Chicken Sandwich Side salad Lite Ranch Dressing Grapes, Fresh W/G Baked Cookies 100% Juice Milk Variety
7 Mini Corn Dogs Corn Dog Ketchup Dip & Squeeze Mustard French Fries Canned Pears 100% Juice Milk Variety	8 Taco in a bag Refried Beans Lettuce/Tomato Salsa Fresh Oranges Jello 100% Juice Milk Variety	9 Teriyaki Beef Blasters Mashed potatoes Gravy Variety Warm Soft Rolls Steamed Carrots Canned Peaches 100% Juice Milk Variety	10 Breaded Chicken Nuggets Mac & Cheese Barbecue Sauce PC Steamed broccoli Strawberries, fresh Scooby-Doo Snacks 100% Juice Milk Variety	11 W/G Big Daddy Pizza Slider Sandwich Mayonnaise Vegetable tray Lite Ranch Dressing Grapes, Fresh Frosted Sugar Cookie 100% Juice Milk Variety
14 Hamburger Breaded Chicken Sandwich Ketchup Dip & Squeeze Mustard Mayonnaise Lettuce/Tomato Cowboy Baked Bean French Fries Applesauce 100% Juice Milk Variety	15 Spaghetti Meatballs Breadstick Steamed Broccoli Fresh Oranges Raisels 100% Juice Milk Variety	16 Breaded Chicken Nuggets Mashed potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Fresh Apples 100% Juice Milk Variety	17 Enchilada Bean & Cheese Burrito Cornbread Mini Loaf Green beans Strawberries, fresh 100% Juice Milk Variety	18 W/G Big Daddy Pizza BBQ Chicken Sandwich Side salad Lite Ranch Dressing Grapes, Fresh W/G Baked Cookies 100% Juice Milk Variety
21 MARTIN LUTHER KING DAY	22 Pig in a blanket Ketchup Dip & Squeeze Mustard Cowboy Baked Bean Green beans Canned Pears Creamies ice cream 100% Juice Milk Variety	23 Popcorn Chicken Mashed potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Fresh Apples 100% Juice Milk Variety	24 Orange Chicken Brown Rice Steamed broccoli Fresh Bananas Pudding variety 100% Juice Milk Variety	25 W/G Big Daddy Pizza Slider Sandwich Mayonnaise Vegetable tray Lite Ranch Dressing Grapes, Fresh Frosted Sugar Cookie 100% Juice Milk Variety
28 Chicken & Cheese Taquitos French Fries Ketchup Dip & Squeeze Cowboy Baked Bean Canned Pears 100% Juice Milk Variety	29 French Toast Sticks Syrup, Maple Pork Sausage Link Potato Stix Sweet Potato Diced Ketchup Dip & Squeeze Fresh Oranges 100% Juice	30 Breaded Beef Fingers Mashed potatoes Country Gravy Warm Soft Rolls Steamed Carrots Canned Peaches 100% Juice Milk Variety	31 Chicken Teriyaki Brown Rice Steamed broccoli Fresh Apples Whole Grain Donut 100% Juice Milk Variety	

This Institution is an equal opportunity provider.  
Menus are subject to change.