

# K-8 Lunch

## Iron County School Dist

### October 2018 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1  Chicken & Cheese Taquitos French Fries Ketchup Dip & Squeeze Cowboy Baked Bean Canned Pears 100% Juice Milk Variety	2  French Toast Sticks Syrup, Maple Pork Sausage Link Potato Stix Sweet Potato Diced Ketchup Dip & Squeeze Fresh Oranges 100% Juice Milk Variety	3  Breaded Beef Fingers Mashed potatoes Gravy Variety Warm Soft Rolls Steamed Carrots Canned Peaches 100% Juice Milk Variety	4  Chicken Teriyaki Brown Rice Steamed broccoli Fresh Apples Whole Grain Donut 100% Juice Milk Variety	5  W/G Big Daddy Pizza BBQ Chicken Sandwich Side salad Lite Ranch Dressing Grapes,Fresh W/G Baked Cookies 100% Juice Milk Variety
8  Mini Corn Dogs Corn Dog Ketchup Dip & Squeeze Mustard French Fries Canned Pears 100% Juice Milk Variety	9  Taco in a bag Refried Beans Lettuce/Tomato Salsa Fresh Oranges Jello 100% Juice Milk Variety	10  Teriyaki Beef Blasters Mashed potatoes Gravy Variety Warm Soft Rolls Steamed Carrots Canned Peaches 100% Juice Milk Variety	11  Breaded Chicken Nuggets Mac & Cheese Barbecue Sauce PC Steamed broccoli Strawberries,fresh Scooby-Doo Snacks 100% Juice Milk Variety	12  W/G Big Daddy Pizza Slider Sandwich Mayonnaise Vegetable tray Lite Ranch Dressing Grapes,Fresh Frosted Sugar Cookie 100% Juice Milk Variety
15  Hamburger Breaded Chicken Sandwich Ketchup Dip & Squeeze Mustard Mayonnaise Lettuce/Tomato Cowboy Baked Bean French Fries Applesauce 100% Juice Milk Variety	16  Spaghetti Meatballs Breadstick Steamed Broccoli Fresh Oranges Raisels 100% Juice Milk Variety	17  Breaded Chicken Nuggets Mashed potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Fresh Apples 100% Juice Milk Variety	18  Enchilada Bean & Cheese Burrito Cornbread Mini Loaf Green beans Strawberries,fresh 100% Juice Milk Variety	19  W/G Big Daddy Pizza BBQ Chicken Sandwich Side salad Lite Ranch Dressing Grapes,Fresh W/G Baked Cookies 100% Juice Milk Variety
22  FALL BREAK	23  Pig in a blanket Ketchup Dip & Squeeze Mustard Cowboy Baked Bean Green beans Canned Pears Creamies ice cream 100% Juice Milk Variety	24  Popcorn Chicken Mashed potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Fresh Apples 100% Juice Milk Variety	25  Orange Chicken Brown Rice Steamed broccoli Fresh Bananas Pudding variety 100% Juice Milk Variety	26  W/G Big Daddy Pizza Slider Sandwich Mayonnaise Vegetable tray Lite Ranch Dressing Grapes,Fresh Frosted Sugar Cookie 100% Juice Milk Variety
29  Chicken & Cheese Taquitos French Fries Ketchup Dip & Squeeze Cowboy Baked Bean Canned Pears 100% Juice	30  French Toast Sticks Syrup, Maple Pork Sausage Link Potato Stix Sweet Potato Diced Ketchup Dip & Squeeze Fresh Oranges	31  Breaded Beef Fingers Mashed potatoes Gravy Variety Warm Soft Rolls Steamed Carrots Canned Peaches 100% Juice		

Milk Variety

100% Juice  
Milk Variety

Milk Variety

This Institution is an equal opportunity provider.  
Menus are subject to change.