

K-5 Lunch

Iron County School District

October 2018 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken & Cheese Taqitos French Fries Ketchup Dip & Squeeze Cowboy Baked Bean Canned Pears 100% Juice Milk Variety	2 French Toast Sticks Syrup, Maple Pork Sausage Link Potato Stix Sweet Potato Diced Ketchup Dip & Squeeze Fresh Oranges 100% Juice Milk Variety	3 Breaded Beef Fingers(Elem) Mashed potatoes Gravy Variety Warm Soft Rolls Steamed Carrots Canned Peaches 100% Juice Milk Variety	4 Chicken Teriyaki Brown Rice Steamed broccoli Fresh Apples Whole Grain Donut 100% Juice Milk Variety	5 W/G Big Daddy Pizza BBQ Chicken Sandwich Side salad Lite Ranch Dressing Grapes,Fresh W/G Baked Cookies 100% Juice Milk Variety
8 Mini Corn Dogs Corn Dog Ketchup Dip & Squeeze Mustard Celery French Fries Fresh Apples 100% Juice Milk Variety	9 Taco in a bag Refried Beans Lettuce/Tomato Salsa Fresh Oranges Jello 100% Juice Milk Variety	10 Teriyaki Beef Blasters Mashed potatoes Gravy Variety Warm Soft Rolls Steamed Carrots Canned Peaches 100% Juice Milk Variety	11 Breaded Chicken Nuggets Mac & Cheese Barbecue Sauce PC Steamed broccoli Strawberries,fresh Scooby-Doo Snacks 100% Juice Milk Variety	12 W/G Big Daddy Pizza Slider Sandwich Mayonnaise Vegetable tray Lite Ranch Dressing Grapes,Fresh Frosted Sugar Cookie 100% Juice Milk Variety
15 Hamburger Breaded Chicken Sandwich Ketchup Dip & Squeeze Mustard Mayonnaise Lettuce/Tomato Cowboy Baked Bean French Fries Applesauce 100% Juice Milk Variety	16 Spaghetti Meatballs Breadstick Steamed Broccoli Raisels Fresh Oranges 100% Juice Milk Variety	17 Breaded Chicken Nuggets Mashed potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Fresh Apples 100% Juice Milk Variety	18 Enchilada Bean & Cheese Burrito Cornbread Mini Loaf Green beans Strawberries,fresh 100% Juice Milk Variety	19 W/G Big Daddy Pizza BBQ Chicken Sandwich Side salad Lite Ranch Dressing Grapes,Fresh W/G Baked Cookies 100% Juice Milk Variety
22 FALL BREAK	23 Pig in a blanket Cowboy Baked Bean Ketchup Dip & Squeeze Mustard Green beans Canned Pears Creamies ice cream 100% Juice Milk Variety	24 Popcorn Chicken Mashed potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Fresh Apples 100% Juice Milk Variety	25 Orange Chicken Brown Rice Steamed broccoli Fresh Bananas Pudding variety 100% Juice Milk Variety	26 W/G Big Daddy Pizza Slider Sandwich Mayonnaise Vegetable tray Lite Ranch Dressing Grapes,Fresh Frosted Sugar Cookie 100% Juice Milk Variety
29 Chicken & Cheese Taqitos French Fries Ketchup Dip & Squeeze Cowboy Baked Bean	30 French Toast Sticks Syrup, Maple Pork Sausage Link Potato Stix Sweet Potato Diced	31 Breaded Beef Fingers(Elem) Mashed potatoes Gravy Variety Warm Soft Rolls Steamed Carrots		

Canned Pears
100% Juice
Milk Variety

Ketchup Dip & Squeeze
Fresh Oranges
100% Juice
Milk Variety

Canned Peaches
100% Juice
Milk Variety

This Institution is an equal opportunity provider.
Menus are subject to change.