

9-12 Lunch

Iron County School District

October 2018 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken & Cheese Taquitos Mozzarella Sticks French Fries Ketchup Dip & Squeeze Lite Ranch Dressing Cowboy Baked Bean Canned Pears 100% Juice Milk Variety	2 French Toast Sticks Syrup, Maple Pork Sausage Link Potato Stix Sweet Potato Diced Ketchup Dip & Squeeze Fresh Oranges 100% Juice Milk Variety	3 Breaded Beef Fingers Mashed potatoes Gravy Variety Warm Soft Rolls Steamed Carrots Canned Peaches 100% Juice Milk Variety	4 Chicken Teriyaki Chicken Teriyaki Salad Lite Ranch Dressing Brown Rice Steamed Broccoli Fresh Baby Carrots Fresh Apples Whole Grain Donut 100% Juice Milk Variety	5 W/G Big Daddy Pizza BBQ Chicken Sandwich Side salad Lite Ranch Dressing Grapes, Fresh W/G Baked Cookies 100% Juice Milk Variety
8 Mini Corn Dogs Corn Dog Ketchup Dip & Squeeze Mustard Celery French Fries Fresh Apples Creamies ice cream 100% Juice Milk Variety	9 Taco in a bag Taco Salad Lite Ranch Dressing Refried Beans Lettuce/Tomato Fresh Baby Carrots Salsa Fresh Oranges Jello 100% Juice Milk Variety	10 Teriyaki Beef Blasters Mashed potatoes Gravy Variety Warm Soft Rolls Steamed Carrots Canned Peaches 100% Juice Milk Variety	11 Breaded Chicken Nugget Chicken Salad Lite Ranch Dressing Barbecue Sauce PC Mac & Cheese(9-12) Steamed broccoli Corn Strawberries, fresh Scooby-Doo Snacks 100% Juice Milk Variety	12 W/G Big Daddy Pizza Slider Sandwiches Mayonnaise Vegetable tray Lite Ranch Dressing Grapes, Fresh Frosted Sugar Cookie 100% Juice Milk Variety
15 Hamburger Breaded Chicken Sandwich Ketchup Dip & Squeeze Mustard Mayonnaise Lettuce/Tomato Cowboy Baked Bean French Fries Applesauce 100% Juice Milk Variety	16 Spaghetti W/Meatballs Meatball Sandwich Breadstick Steamed broccoli Celery Fresh Oranges Raisels 100% Juice Milk Variety	17 Breaded Chicken Nugget Mashed potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Fresh Apples 100% Juice Milk Variety	18 Enchilada Crispy Bean & Cheese Burrito Cornbread Mini Loaf Green beans Sweet Potato Diced Strawberries, fresh 100% Juice Milk Variety	19 W/G Big Daddy Pizza BBQ Chicken Sandwich Side salad Lite Ranch Dressing Grapes, Fresh Applesauce W/G Baked Cookies 100% Juice Milk Variety
22 FALL BREAK	23 Pig in a blanket Philly Beef Steak Sandwich Ketchup Dip & Squeeze Mustard Green beans Cowboy Baked Bean Canned Pears Creamies ice cream 100% Juice Milk Variety	24 Popcorn Chicken Mashed potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Celery Fresh Apples 100% Juice Milk Variety	25 Orange Chicken Orange Chicken Salad Brown Rice Steamed broccoli Fresh Baby Carrots Canned Peaches Pudding variety 100% Juice Milk Variety	26 W/G Big Daddy Pizza Slider Sandwiches Mayonnaise Vegetable tray Lite Ranch Dressing Grapes, Fresh Frosted Sugar Cookie 100% Juice Milk Variety
29 Chicken & Cheese Taquitos Mozzarella Sticks	30 French Toast Sticks Syrup, Maple Pork Sausage Link	31 Breaded Beef Fingers Mashed potatoes Gravy Variety		

French Fries Ketchup Dip & Squeeze Lite Ranch Dressing Cowboy Baked Bean Canned Pears 100% Juice Milk Variety	Potato Stix Sweet Potato Diced Ketchup Dip & Squeeze Fresh Oranges 100% Juice Milk Variety	Warm Soft Rolls Steamed Carrots Canned Peaches 100% Juice Milk Variety		
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This Institution is an equal opportunity provider.
Menus are subject to change.