

K-12 Breakfast

Iron County School District

October 2018 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Whole Grain Donut Cinnamon Toast Cereal Bowl GoGurt Fresh Oranges 100% Juice Milk Variety	2 Tony's Breakfast pizza Pumpkin Bread Slice Canned Pears 100% Juice Milk Variety	3 Breakfast Rolled Taco Breakfast Lemon Crunch Bars Cheese Stick Applesauce 100% Juice Milk Variety	4 Cinnamon Roll W/Frosting Breakfast Triple Berry Bar Pork Sausage Link Canned Peaches 100% Juice Milk Variety	5 Pancake on stick Muffin Blueberry Syrup, Maple Fresh Apples 100% Juice Milk Variety
8 Ultimate Breakfast Round Lucky Charms Cereal Bowl GoGurt Fresh Oranges 100% Juice Milk Variety	9 Biscuit,Honey Whole Wheat Sausage Gravy Banana Bread Canned Pears 100% Juice Milk Variety	10 French Toast Sticks Syrup, Maple Cheese Stick Applesauce 100% Juice Milk Variety	11 Cinnamon Roll W/Frosting Breakfast Triple Berry Bar Pork Sausage Link Canned Peaches 100% Juice Milk Variety	12 Biscuit Sausage Sandwich Muffin Chocolate Chip Ketchup Dip & Squeeze Fresh Apples 100% Juice Milk Variety
15 Whole Grain Donut Cinnamon Toast Cereal Bowl GoGurt Fresh Oranges 100% Juice Milk Variety	16 Tony's Breakfast pizza Pumpkin Bread Slice Canned Pears 100% Juice Milk Variety	17 Breakfast Rolled Taco Breakfast Lemon Crunch Bars Cheese Stick Applesauce 100% Juice Milk Variety	18 Cinnamon Roll W/Frosting Breakfast Triple Berry Bar Pork Sausage Link Canned Peaches 100% Juice Milk Variety	19 Pancake on stick Muffin Blueberry Syrup, Maple Fresh Apples 100% Juice Milk Variety
22 FALL BREAK	23 Biscuit,Honey Whole Wheat Sausage Gravy Banana Bread Canned Pears 100% Juice Milk Variety	24 French Toast Sticks Syrup, Maple Cheese Stick Applesauce 100% Juice Milk Variety	25 Cinnamon Roll W/Frosting Breakfast Triple Berry Bar Pork Sausage Link Canned Peaches 100% Juice Milk Variety	26 Biscuit Sausage Sandwich Muffin Chocolate Chip Ketchup Dip & Squeeze Fresh Apples 100% Juice Milk Variety
29 Whole Grain Donut Cinnamon Toast Cereal Bowl GoGurt Fresh Oranges 100% Juice Milk Variety	30 Tony's Breakfast pizza Pumpkin Bread Slice Canned Pears 100% Juice Milk Variety	31 Breakfast Rolled Taco Breakfast Lemon Crunch Bars Cheese Stick Applesauce 100% Juice Milk Variety		

This Institution is an equal opportunity provider.
Menus are subject to change.