

9-12 Lunch

Iron County School District

November 2018 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Teriyaki Chicken Teriyaki Salad Lite Ranch Dressing Brown Rice Steamed Broccoli Fresh Baby Carrots Fresh Apples Whole Grain Donut 100% Juice Milk Variety	2 W/G Big Daddy Pizza BBQ Chicken Sandwich Side salad Lite Ranch Dressing Grapes, Fresh W/G Baked Cookies 100% Juice Milk Variety
5 Mini Corn Dogs Corn Dog Ketchup Dip & Squeeze Mustard Celery French Fries Fresh Apples Creamies ice cream 100% Juice Milk Variety	6 Taco in a bag Taco Salad Lite Ranch Dressing Refried Beans Lettuce/Tomato Fresh Baby Carrots Salsa Fresh Oranges Jello 100% Juice Milk Variety	7 Breaded Beef Fingers Mashed potatoes Country Gravy Warm Soft Rolls Steamed Carrots Canned Peaches 100% Juice Milk Variety	8 Breaded Chicken Nugget Chicken Salad Lite Ranch Dressing Barbecue Sauce PC Mac & Cheese(9-12) Steamed broccoli Corn Strawberries, fresh Scooby-Doo Snacks 100% Juice Milk Variety	9 W/G Big Daddy Pizza Slider Sandwiches Mayonnaise Vegetable tray Lite Ranch Dressing Grapes, Fresh Frosted Sugar Cookie 100% Juice Milk Variety
12 Hamburger Breaded Chicken Sandwich Ketchup Dip & Squeeze Mustard Mayonnaise Lettuce/Tomato Cowboy Baked Bean French Fries Applesauce 100% Juice Milk Variety	13 Spaghetti W/Meatballs Meatball Sandwich Breadstick Steamed broccoli Celery Fresh Oranges Raisels 100% Juice Milk Variety	14 Breaded Chicken Nugget Mashed potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Fresh Apples 100% Juice Milk Variety	15 Enchilada Crispy Bean & Cheese Burrito Cornbread Mini Loaf Green beans Sweet Potato Diced Strawberries, fresh 100% Juice Milk Variety	16 W/G Big Daddy Pizza BBQ Chicken Sandwich Side salad Lite Ranch Dressing Grapes, Fresh Applesauce W/G Baked Cookies 100% Juice Milk Variety
19 Ravioli Crispitos, Chicken Chili Corn Celery Breadstick Fresh Oranges 100% Juice Milk Variety	20 Pig in a blanket Philly Beef Steak Sandwich Ketchup Dip & Squeeze Mustard Green beans Cowboy Baked Bean Canned Pears Creamies ice cream 100% Juice Milk Variety	21 THANKSGIVING BREAK	22 THANKSGIVING BREAK	23 THANKSGIVING BREAK
26 Chicken & Cheese Taqitos Mozzarella Sticks	27 French Toast Sticks Syrup, Maple Pork Sausage Link	28 Breaded Beef Fingers Mashed potatoes Gravy Variety	29 Chicken Teriyaki Chicken Teriyaki Salad Lite Ranch Dressing	30 W/G Big Daddy Pizza BBQ Chicken Sandwich Side salad

French Fries Ketchup Dip & Squeeze Lite Ranch Dressing Cowboy Baked Bean Canned Pears 100% Juice Milk Variety	Potato Stix Sweet Potato Diced Ketchup Dip & Squeeze Fresh Oranges 100% Juice Milk Variety	Warm Soft Rolls Steamed Carrots Canned Peaches 100% Juice Milk Variety	Brown Rice Steamed Broccoli Fresh Baby Carrots Fresh Apples Whole Grain Donut 100% Juice Milk Variety	Lite Ranch Dressing Grapes, Fresh W/G Baked Cookies 100% Juice Milk Variety
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This Institution is an equal opportunity provider.
 Menus are subject to change.