

# 9-12 Lunch

## Iron County School District

### January 2018 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1  HOLIDAY	2  Pig in a blanket Breaded Chicken Nugget Barbecue Sauce Ketchup Dip & Squeeze Mustard Green beans Fresh Baby Carrots Canned Pears Scooby-Doo Snacks 100% Juice Milk Variety	3  Chicken Drumstick Mashed potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Celery Fresh Apples 100% Juice Milk Variety	4  Orange Chicken Orange Chicken Salad Chow Mein Steamed broccoli Celery Pineapple Pudding variety 100% Juice Milk Variety	5  Pizza Ripper Variety Chicken BBQ Wrap Vegetable tray Lite Ranch Dressing Grapes, Fresh Fresh Oranges Cheez-it 100% Juice Milk Variety
8  Lil' Bites Nachos Corn Dog French Fries Ketchup Dip & Squeeze Mustard Cowboy Baked Bean Canned Pears Creamies ice cream 100% Juice Milk Variety	9  French Toast Sticks Syrup, Maple Pork Sausage Link Hash Brown Sticks Fresh Baby Carrots Ketchup Dip & Squeeze Fresh Oranges 100% Juice Milk Variety	10  Honey BBQ Chicken Mashed potatoes Gravy Variety Warm Soft Rolls Steamed Carrots Canned Peaches 100% Juice Milk Variety	11  Chicken Teriyaki Chicken Teriyaki Salad Lite Ranch Dressing Brown Rice Steamed Broccoli Fresh Baby Carrots Mandarin Oranges Whole Grain Donut 100% Juice Milk Variety	12  W/G Big Daddy Pizza Ham & Cheese Roll-up Side salad Lite Ranch Dressing Grapes, Fresh W/G Baked Cookies 100% Juice Milk Variety
15  HOLIDAY	16  Beef Taco Corn Shell Beef Taco Soft Shell Refried Beans Lettuce/Tomato Fresh Baby Carrots Salsa Fresh Oranges Scooby-Doo Snacks 100% Juice Milk Variety	17  Teriyaki Beef Blasters Mashed potatoes Gravy Variety Warm Soft Rolls Steamed Carrots Canned Peaches 100% Juice Milk Variety	18  Breaded Chicken Nugget Chicken Salad Lite Ranch Dressing Barbecue Sauce Mac & Cheese(9-12) Steamed broccoli Celery Strawberries, fresh 100% Juice Milk Variety	19  W/G Big Daddy Pizza Chicken BBQ Wrap Vegetable tray Lite Ranch Dressing Grapes, Fresh Cheez-it 100% Juice Milk Variety
22  Hamburger Meatball Sandwich Ketchup Dip & Squeeze Mustard Mayonnaise Lettuce/Tomato French Fries Applesauce 100% Juice Milk Variety	23  French Toast Sticks Syrup, Maple Pork Sausage Link Hash Brown Sticks Fresh Baby Carrots Ketchup Dip & Squeeze Fresh Oranges 100% Juice Milk Variety	24  Chicken Bites Mashed potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Canned Peaches 100% Juice Milk Variety	25  Taco Salad Crispitos, Chicken Chili Salsa Lite Ranch Dressing Corn Black Beans Canned Fresh Apples Scooby-Doo Snacks 100% Juice Milk Variety	26  W/G Big Daddy Pizza Ham & Cheese Roll-up Side salad Lite Ranch Dressing Grapes, Fresh Applesauce W/G Baked Cookies 100% Juice Milk Variety
29  Grilled Cheese W/Blasters Enchilada Cowboy Baked Bean Ketchup Dip & Squeeze French Fries	30  Pig in a blanket Breaded Chicken Nugget Barbecue Sauce Ketchup Dip & Squeeze Mustard	31  Chicken Drumstick Mashed potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots		

Applesauce  
Jello  
100% Juice  
Milk Variety

Green beans  
Fresh Baby Carrots  
Canned Pears  
Scooby-Doo Snacks  
100% Juice  
Milk Variety

Celery  
Fresh Apples  
100% Juice  
Milk Variety

This Institution is an equal opportunity provider.  
Menus are subject to change.