

# K-8 Lunch

## Iron County School District

### October 2017 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Grilled Cheese Sandwich Ketchup Dip & Squeeze Cowboy Baked Bean French Fries Jello Applesauce 100% Juice Milk Variety	3 Pig in a blanket Ketchup Dip & Squeeze Mustard Green beans Canned Pears Scooby-Doo Snacks 100% Juice Milk Variety	4 Chicken Drumstick Mashed potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Fresh Apples 100% Juice Milk Variety	5 Orange Chicken Chow Mein Steamed broccoli Pineapple Pudding variety 100% Juice Milk Variety	6 Pizza Ripper Variety Vegetable tray Lite Ranch Dressing Grapes,Fresh Cheez-it 100% Juice Milk Variety
9 Lil' Bites Nachos French Fries Ketchup Dip & Squeeze Cowboy Baked Bean Canned Pears Creamies ice cream 100% Juice Milk Variety	10 French Toast Sticks Syrup, Maple Pork Sausage Link Hash Brown Sticks Fresh Baby Carrots Ketchup Dip & Squeeze Fresh Oranges 100% Juice Milk Variety	11 Honey BBQ Chicken Mashed potatoes Gravy Variety Warm Soft Rolls Steamed Carrots Canned Peaches 100% Juice Milk Variety	12 Chicken Teriyaki Brown Rice Steamed broccoli Mandarin Oranges Whole Grain Donut 100% Juice Milk Variety	13 W/G Big Daddy Pizza Side salad Lite Ranch Dressing Grapes,Fresh W/G Baked Cookies 100% Juice Milk Variety
16 Mini Corn Dogs Ketchup Dip & Squeeze Mustard Celery French Fries Fresh Apples 100% Juice Milk Variety	17 Beef Taco Soft Shell Refried Beans Lettuce/Tomato Salsa Fresh Oranges Scooby-Doo Snacks 100% Juice Milk Variety	18 Teriyaki Beef Blasters Mashed potatoes Gravy Variety Warm Soft Rolls Steamed Carrots Canned Peaches 100% Juice Milk Variety	19 Breaded Chicken Nuggets Mac & Cheese Barbecue Sauce Steamed broccoli Strawberries,fresh 100% Juice Milk Variety	20 W/G Big Daddy Pizza Vegetable tray Lite Ranch Dressing Grapes,Fresh Cheez-it 100% Juice Milk Variety
23 HOLIDAY	24 French Toast Sticks Syrup, Maple Pork Sausage Link Hash Brown Sticks Fresh Baby Carrots Ketchup Dip & Squeeze Fresh Oranges 100% Juice Milk Variety	25 Chicken Bites Mashed potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Canned Peaches 100% Juice Milk Variety	26 Taco Salad Tostitos Scoop Chips Salsa Lite Ranch Dressing Corn Black Beans Canned Fresh Apples 100% Juice Milk Variety	27 W/G Big Daddy Pizza Side salad Lite Ranch Dressing Grapes,Fresh W/G Baked Cookies 100% Juice Milk Variety
30 Grilled Cheese Sandwich Ketchup Dip & Squeeze Cowboy Baked Bean French Fries Jello Applesauce 100% Juice Milk Variety	31 Pig in a blanket Ketchup Dip & Squeeze Mustard Green beans Canned Pears Scooby-Doo Snacks 100% Juice Milk Variety			

This Institution is an equal opportunity provider.  
Menus are subject to change.