

9-12 Lunch

Iron County School District

October 2017 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Grilled Cheese W/Blasters Enchilada Cowboy Baked Bean French Fries Ketchup Dip & Squeeze Applesauce Jello 100% Juice Milk Variety	Pig in a blanket Breaded Chicken Nugget Barbecue Sauce Ketchup Dip & Squeeze Mustard Green beans Fresh Baby Carrots Canned Pears Scooby-Doo Snacks 100% Juice Milk Variety	Chicken Drumstick Mashed potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Celery Fresh Apples 100% Juice Milk Variety	Orange Chicken Orange Chicken Salad Chow Mein Steamed broccoli Celery Pineapple Pudding variety 100% Juice Milk Variety	Pizza Ripper Variety Chicken BBQ Wrap Vegetable tray Lite Ranch Dressing Grapes, Fresh Fresh Oranges Cheez-it 100% Juice Milk Variety
9	10	11	12	13
Lil' Bites Nachos Corn Dog French Fries Ketchup Dip & Squeeze Mustard Cowboy Baked Bean Canned Pears Creamies ice cream 100% Juice Milk Variety	French Toast Sticks Syrup, Maple Pork Sausage Link Hash Brown Sticks Fresh Baby Carrots Ketchup Dip & Squeeze Fresh Oranges 100% Juice Milk Variety	Honey BBQ Chicken Mashed potatoes Gravy Variety Warm Soft Rolls Steamed Carrots Canned Peaches 100% Juice Milk Variety	Chicken Teriyaki Chicken Teriyaki Salad Lite Ranch Dressing Brown Rice Steamed Broccoli Fresh Baby Carrots Mandarin Oranges Whole Grain Donut 100% Juice Milk Variety	W/G Big Daddy Pizza Ham & Cheese Roll-up Side salad Lite Ranch Dressing Grapes, Fresh W/G Baked Cookies 100% Juice Milk Variety
16	17	18	19	20
Mini Corn Dogs Breaded Chicken Sandwich Ketchup Dip & Squeeze Mustard Mayonnaise Celery French Fries Fresh Apples Jello 100% Juice Milk Variety	Beef Taco Corn Shell Beef Taco Soft Shell Refried Beans Lettuce/Tomato Fresh Baby Carrots Salsa Fresh Oranges Scooby-Doo Snacks 100% Juice Milk Variety	Teriyaki Beef Blasters Mashed potatoes Gravy Variety Warm Soft Rolls Steamed Carrots Canned Peaches 100% Juice Milk Variety	Breaded Chicken Nugget Chicken Salad Lite Ranch Dressing Barbecue Sauce Mac & Cheese(9-12) Steamed broccoli Celery Strawberries, fresh 100% Juice Milk Variety	W/G Big Daddy Pizza Chicken BBQ Wrap Vegetable tray Lite Ranch Dressing Grapes, Fresh Cheez-it 100% Juice Milk Variety
23	24	25	26	27
HOLIDAY	French Toast Sticks Syrup, Maple Pork Sausage Link Hash Brown Sticks Fresh Baby Carrots Ketchup Dip & Squeeze Fresh Oranges 100% Juice Milk Variety	Chicken Bites Mashed potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Canned Peaches 100% Juice Milk Variety	Taco Salad Crispos, Chicken Chili Salsa Lite Ranch Dressing Corn Black Beans Canned Fresh Apples Scooby-Doo Snacks 100% Juice Milk Variety	W/G Big Daddy Pizza Ham & Cheese Roll-up Side salad Lite Ranch Dressing Grapes, Fresh Applesauce W/G Baked Cookies 100% Juice Milk Variety
30	31			
Grilled Cheese W/Blasters Enchilada Cowboy Baked Bean	Pig in a blanket Breaded Chicken Nugget Barbecue Sauce			

French Fries Ketchup Dip & Squeeze Applesauce Jello 100% Juice Milk Variety	Ketchup Dip & Squeeze Mustard Green beans Fresh Baby Carrots Canned Pears Scooby-Doo Snacks 100% Juice Milk Variety			
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This Institution is an equal opportunity provider.
Menus are subject to change.