

9-12 Lunch

Iron County School District

September 2017 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 W/G Big Daddy Pizza Ham & Cheese Roll-up Side salad Lite Ranch Dressing Grapes, Fresh Applesauce W/G Baked Cookies 100% Juice Milk Variety
4 HOLIDAY	5 Pig in a blanket Breaded Chicken Nugget Barbecue Sauce Ketchup Dip & Squeeze Mustard Green beans Fresh Baby Carrots Canned Pears Scooby-Doo Snacks 100% Juice Milk Variety	6 Chicken Drumstick Mashed potatoes Gravy Variety Warm Soft Rolls Sunshine Carrots Celery Canned Peaches 100% Juice Milk Variety	7 Orange Chicken Orange Chicken Salad Chow Mein Steamed broccoli Celery Pineapple Pudding variety 100% Juice Milk Variety	8 Pizza Ripper Variety Chicken BBQ Wrap Vegetable tray Lite Ranch Dressing Grapes, Fresh Fresh Oranges Cheez-it 100% Juice Milk Variety
11 Lil' Bites Nachos Corn Dog French Fries Ketchup Dip & Squeeze Mustard Cowboy Baked Bean Canned Pears Creamies ice cream 100% Juice Milk Variety	12 French Toast Sticks Syrup, Maple Pork Sausage Link Hash Brown Sticks Fresh Baby Carrots Ketchup Dip & Squeeze Fresh Oranges 100% Juice Milk Variety	13 Honey BBQ Chicken Mashed potatoes Gravy Variety Warm Soft Rolls Steamed Carrots Canned Peaches 100% Juice Milk Variety	14 Chicken Teriyaki Chicken Teriyaki Salad Lite Ranch Dressing Brown Rice Steamed Broccoli Fresh Baby Carrots Mandarin Oranges Whole Grain Donut 100% Juice Milk Variety	15 W/G Big Daddy Pizza Ham & Cheese Roll-up Side salad Lite Ranch Dressing Grapes, Fresh W/G Baked Cookies 100% Juice Milk Variety
18 Mini Corn Dogs Breaded Chicken Sandwich Ketchup Dip & Squeeze Mustard Mayonnaise Celery French Fries Fresh Apples Jello 100% Juice Milk Variety	19 Beef Taco Corn Shell Beef Taco Soft Shell Refried Beans Lettuce/Tomato Fresh Baby Carrots Salsa Fresh Oranges Scooby-Doo Snacks 100% Juice Milk Variety	20 Teriyaki Beef Blasters Mashed potatoes Gravy Variety Warm Soft Rolls Steamed Carrots Canned Peaches 100% Juice Milk Variety	21 Breaded Chicken Nugget Chicken Salad Lite Ranch Dressing Barbecue Sauce Mac & Cheese(9-12) Steamed broccoli Celery Strawberries, fresh 100% Juice Milk Variety	22 W/G Big Daddy Pizza Chicken BBQ Wrap Vegetable tray Lite Ranch Dressing Grapes, Fresh Cheez-it 100% Juice Milk Variety
25 Hamburger Meatball Sandwich Ketchup Dip & Squeeze Mustard	26 French Toast Sticks Syrup, Maple Pork Sausage Link Hash Brown Sticks	27 Chicken Bites Mashed potatoes Gravy Variety Warm Soft Rolls	28 Taco Salad Crispitos, Chicken Chili Tostitos Scoop Chips Salsa	29 W/G Big Daddy Pizza Ham & Cheese Roll-up Side salad Lite Ranch Dressing

Mayonnaise Lettuce/Tomato French Fries Applesauce 100% Juice Milk Variety	Fresh Baby Carrots Ketchup Dip & Squeeze Fresh Oranges 100% Juice Milk Variety	Sunshine Carrots Canned Peaches 100% Juice Milk Variety	Lite Ranch Dressing Corn Black Beans Canned Fresh Apples Scooby-Doo Snacks 100% Juice Milk Variety	Grapes,Fresh Applesauce W/G Baked Cookies 100% Juice Milk Variety
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This Institution is an equal opportunity provider.
Menus are subject to change.